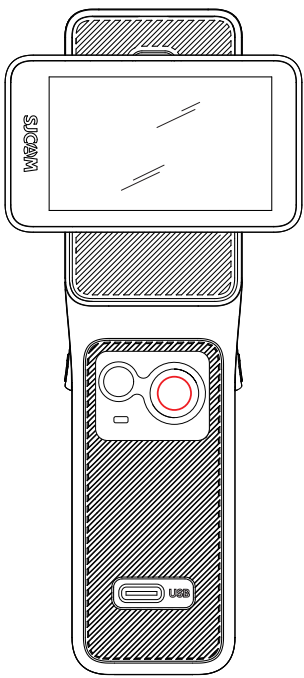
速影SJCAM

SJCAM C400 Pro

快速入門指南

Quick Start Guide



v1.0

中文繁体

掃描二維條碼查看教學影片

下載
SJCAM X App

教學影片

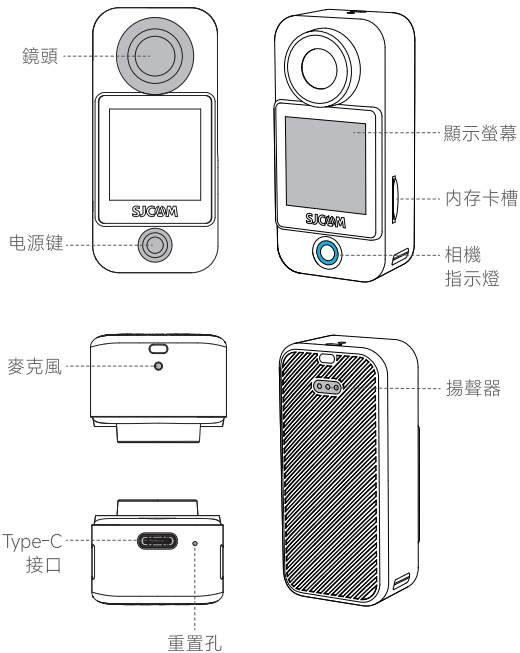
使用手冊

官方社群

https://www.sjcam.com/support/c400pro/cn/index.html

產品概覽

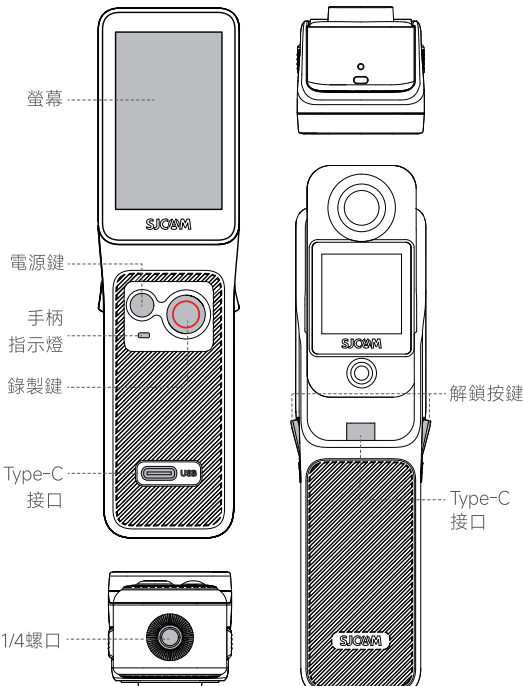
C400 Pro Pocket



相機指示燈狀態

	相機指示燈狀態	描述
—	藍燈恆亮	開機
·····	藍燈慢閃	錄製中
	綠燈快閃	開啟 Wi-Fi，等待連線
—	綠燈恆亮	Wi-Fi 連線成功
—	紅燈恆亮	充電中

C400 Pro

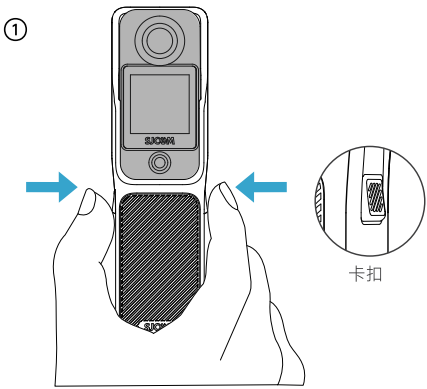


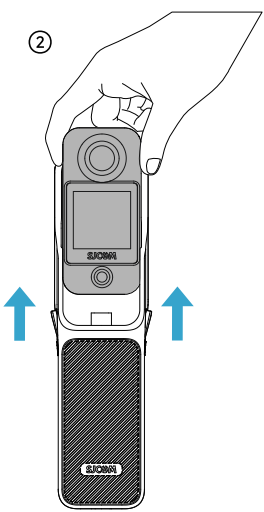
手柄指示燈狀態

	手柄指示灯状态	描述
🔴 —	紅燈恆亮	充電中
🟢 —	绿灯常亮	開機狀態

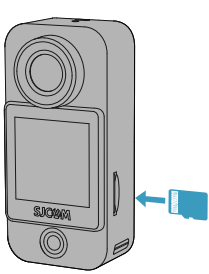
拆卸手持控制器

按住兩側卡扣，同時向上拉出相機主體（參見步驟 1 和 2）





③ 插入 microSD 記憶卡



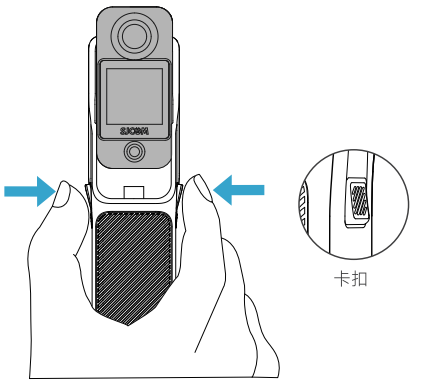
將記憶卡金屬觸點朝內，插入卡槽並推到底

注意：microSD 卡需要另行購買

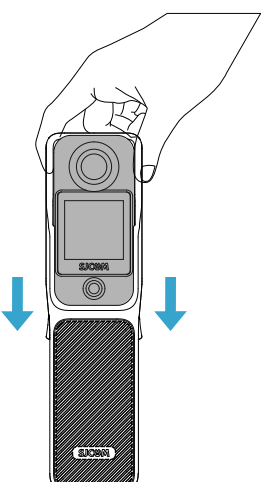
安装手持控制器

按住兩側卡扣，同時將相機主體插入手持控制器（參見步驟 4 和 5）

④



⑤

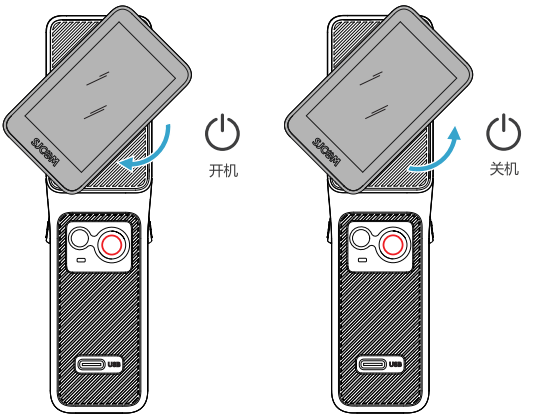


提示：手持控制器具備充電手柄功能，插入可為相機提供續航支援。

開機 / 關機

透過手持控制器開機

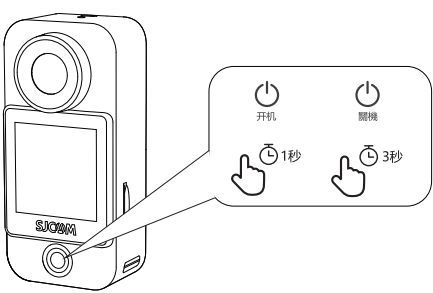
方式一：旋轉螢幕開機



方式二：長按電源鍵 ◎ 3秒，開機 / 關機

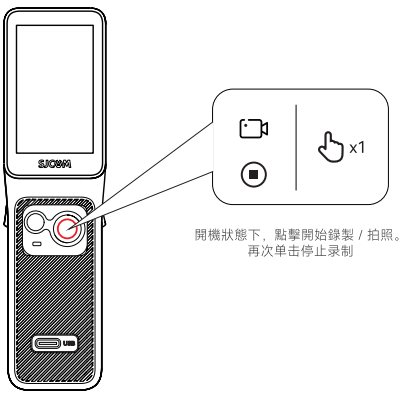
透過 C400 Pro Pocket 開機

短按電源鍵 1 秒，開機
長按電源鍵 3 秒，關機



開始/停止錄製

手持控制器按鍵

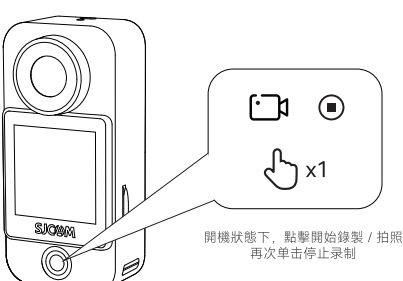


開機狀態下，點擊開始錄製 / 拍照。
再次单击停止录制

如果觸控螢幕出現卡頓的現象，請同時按住這兩個按鈕 1 秒重置相機，然後重新開機。

C400 Pro Pocket

拆卸下來的 Pocket 相機可單獨使用。



開機狀態下，點擊開始錄製 / 拍照
再次单击停止录制

語言切換

點擊「設定頁」→ 語言 → 切換顯示語言



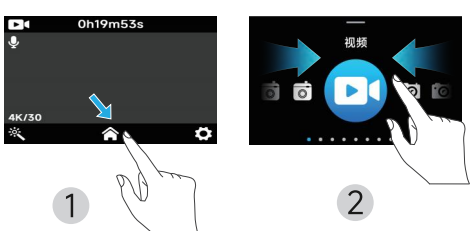
调整分辨率

點擊「參數設定頁」→ 解析度 → 調整解析度



切換拍攝模式

點擊「模式切換頁」→ 切換拍攝模式



連接相機 App

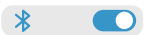
下載安裝 SJCAM X App

掃描下方 QR Code 下載，或在手機應用程式商店 / App Store 搜尋「SJCAM X」安裝。



藍牙快速連線（推薦）

1. 確保相機處於開機狀態。
2. 開啟手機，進入設定 App，找到藍牙選項，開啟手機藍牙功能。



3. 開啟 SJCAM X App，同意相關權限。按照下列步驟操作後，等待自動連線即可。

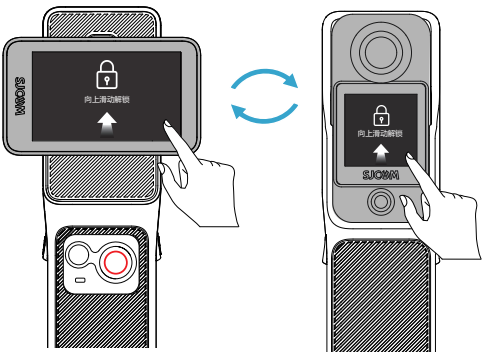


*相關授權僅用於 App 與相機的連線，不會用於其他用途。

可掃描二維條碼了解更多連線方式：

切換螢幕

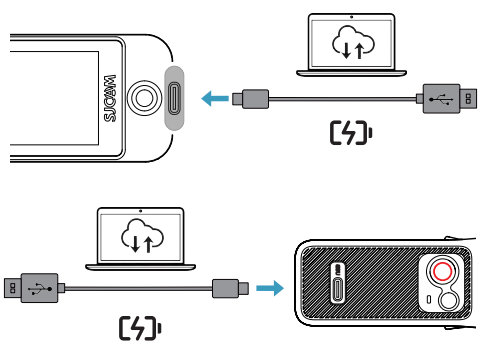
開機狀態下，輕觸喚醒螢幕，然後向上滑動，即可切換前後螢幕



充電與資料傳輸

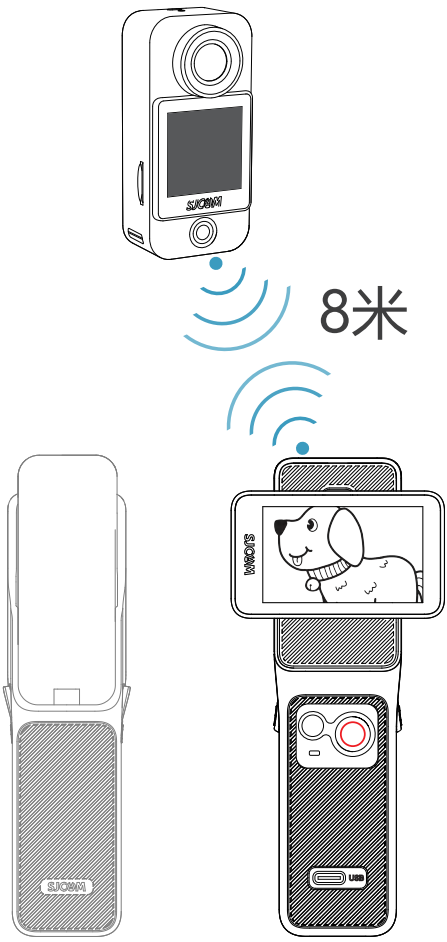
充　　電：使用相機本體或手持控制器上的 Type-C 接口為相機充電

傳輸素材：用傳輸線連接電腦後，在相機上選擇，USB 儲存，即可將素材下載至電腦。



手柄無線圖傳

手持控制器可以透過無線藍牙技術，遠端控制相機，並即時預覽相機拍攝的畫面。



語音控制

開啟語音控制功能



可透過以下語音指令控制相機



麥克風連接

C400 Pro 開啟無線麥克風功能:

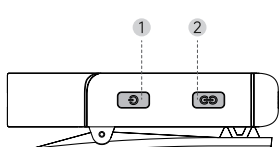
設定 → 無線麥克風



無線麥克風開機並配對:

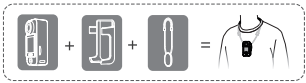
① 長按開機鍵3秒開機。

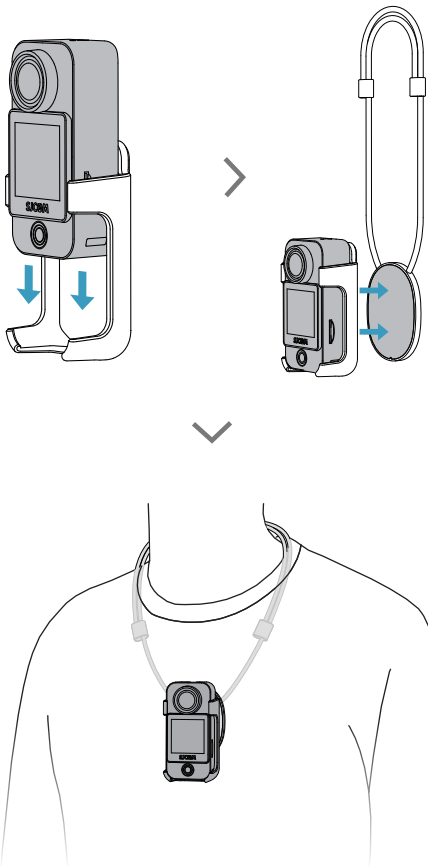
② 長按配對鍵3秒進入配對模式



注：无线麦克风需另外购买

磁吸掛繩

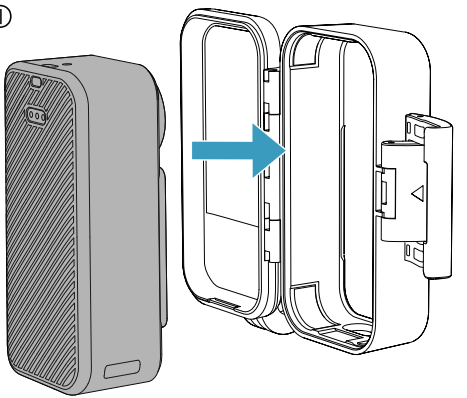




框架支架

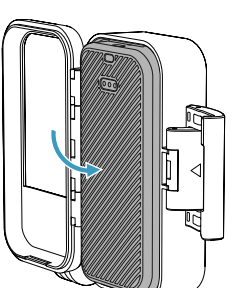


①

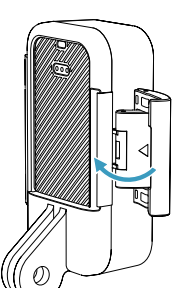


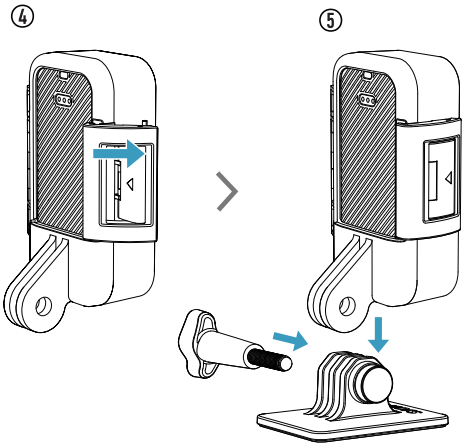


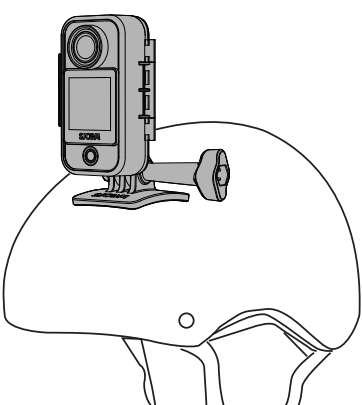
②



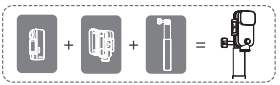
③



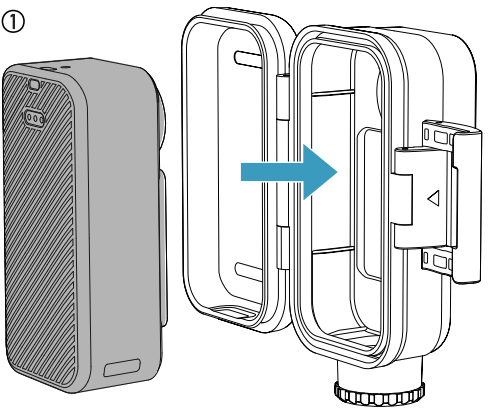

④
⑤



防水殼

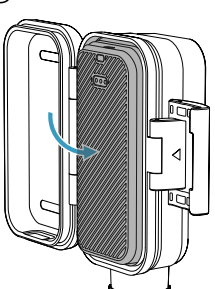


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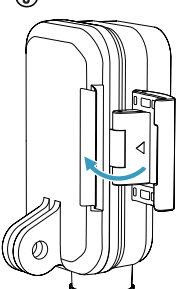




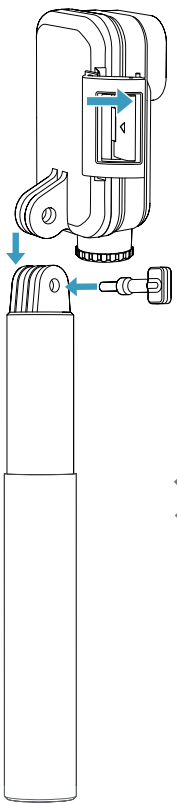
②



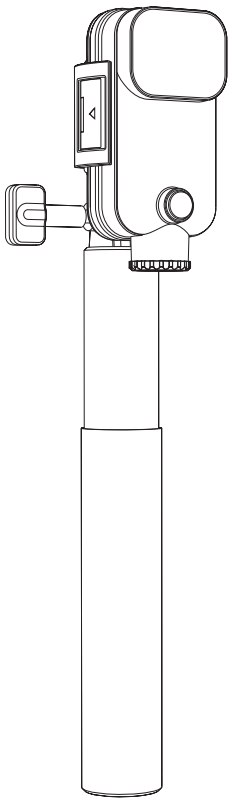
③



④

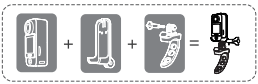


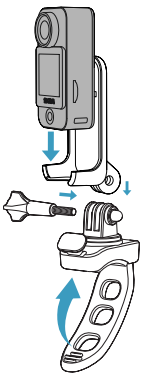
⑤



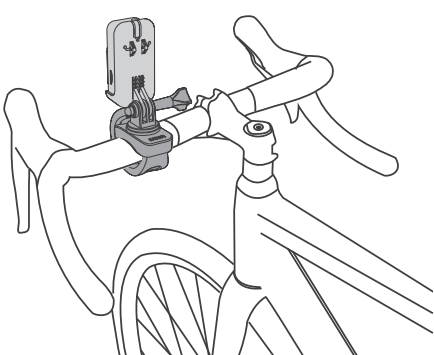
(* 自拍棒需另行購買)

底座背夾





(* 車把手支架需另行購買)



常见问题和故障排查

Q1：App 無法連接相機?

a. 請確認手機已連接相機 Wi-Fi

b. 建議連接時關閉手機行動數據，避免網路衝突。

c. 部分不支援 5G Wi-Fi 的手機可能會連接失敗，請使用支援 5G Wi-Fi 的手機連接，或將相機的 Wi-Fi 頻段切換至 2.4G 後重試。

Q2：連接相機 Wi-Fi 後無法上網?

a. 相機 Wi-Fi 用於手機與相機互連，不提供網際網路連線

b. 若連接相機時需要同時使用手機上網，請開啟手機行動數據。此時手機將透過行動網路上網，同時保持與相機的 Wi-Fi 連接。

Q3：如何升級韌體?

建議使用 SJCAM App 升級韌體：

具體步驟如下：

a. 連接 SJCAM App 後，進入「設定」>「韌體升級」。

b. 如偵測到新版本，點擊「下載最新韌體」。

註：如未偵測到新版本，表示目前已為最新版本，無需升級。

c. 下載完成後，點擊「升級韌體」。

d. 相機會自動完成升級並重新啟動。升級過程中，
請勿操作、關閉相機或中斷連接。

如需技術支援與協助，
請聯絡我們的官方客服團隊：

support@sjcam.com

English

Scan for Video Tutorials

Download SJCAM X App

Tutorial Videos

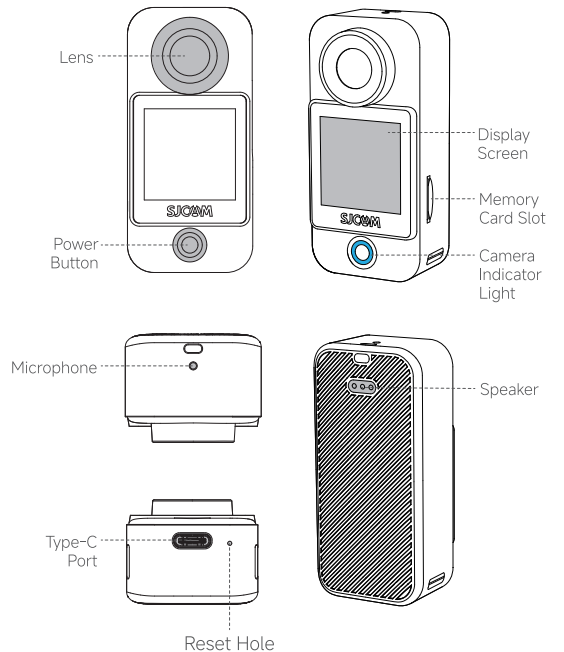
User Manual

Official Social Media

https://www.sjcam.com/support/c400pro/index.html

Product Overview

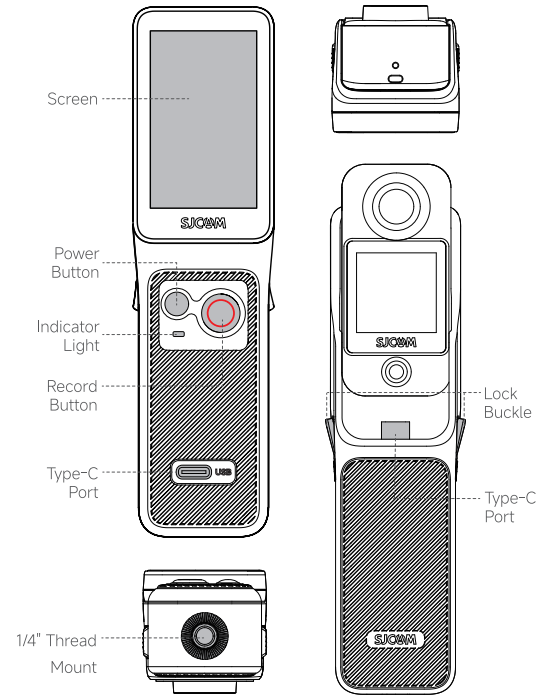
C400 Pro Pocket



Camera Indicator Light Status

	Camera Indicator Light Status	Description
—	Solid blue	Powered on
·····	Flashing blue	Recording
	Flashing green	Wi-Fi enabled, waiting for connection
—	Solid green	Wi-Fi connected successfully
—	Solid red	Charging

C400 Pro

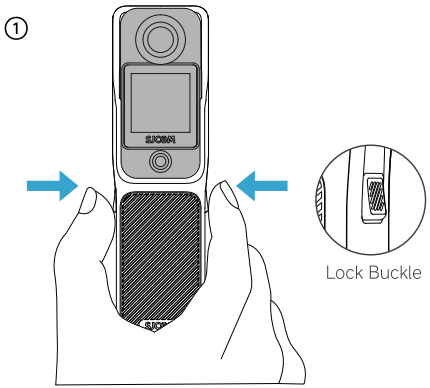


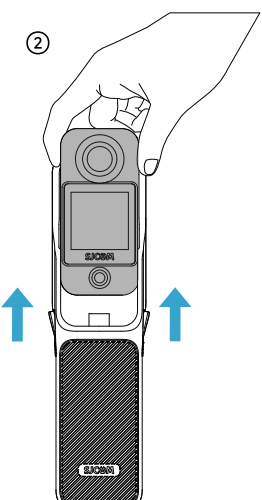
Handle Indicator Light Status

	Handle Indicator Light Status	Description
—	Solid red	Charging
—	Solid green	Powered on

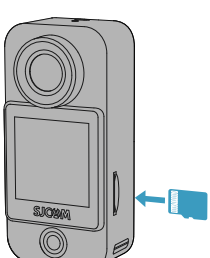
Detach the Handheld Controller

Press and hold the buckles on both sides while pulling the camera body upward (see Steps 1 and 2).





③ Insert the microSD Card



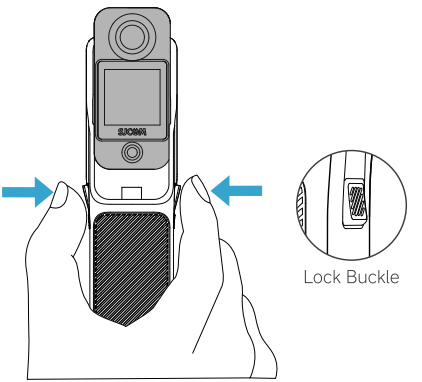
Insert the microSD card into the slot with the metal contacts facing inward and push it all the way in.

Note: microSD card is sold separately.

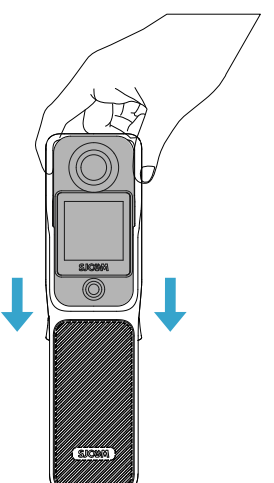
Mount Camera to Handheld Controller

Press and hold the buckles on both sides while inserting the camera body into the handheld controller (see Steps 4 and 5).

④



⑤

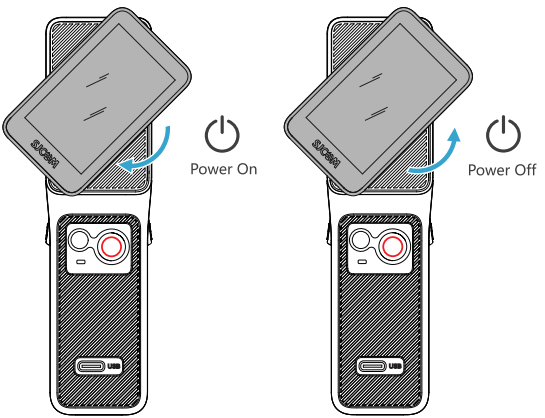


Note: The handheld controller also functions as a charging handle. Inserting the camera into it provides extended battery support.

Power On / Off

Powering On via the Handheld Controller

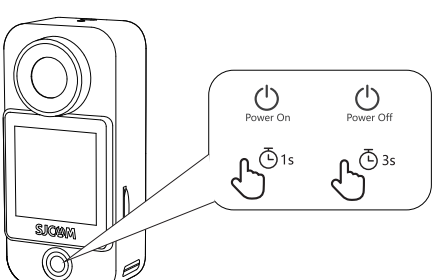
Method 1: Rotate the screen to power on.



Method 2: Press and hold the power button on the handheld controller for 3 seconds to power on/off.

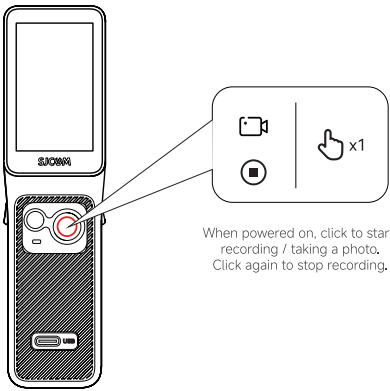
Powering On via the C400 Pro Pocket

Press the power button for 1 second to power on.
Press and hold the power button for 3 seconds to power off.



Start and Stop Recording

Handheld Controller Buttons

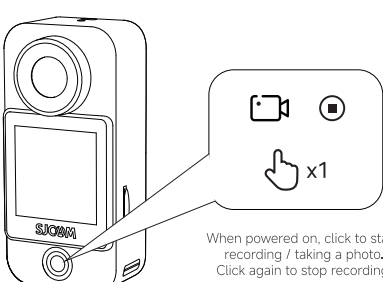


When powered on, click to start recording / taking a photo.
Click again to stop recording.

If the touchscreen becomes unresponsive, press and hold both buttons simultaneously for 1 second to reset the camera, then power it back on.

C400 Pro Pocket

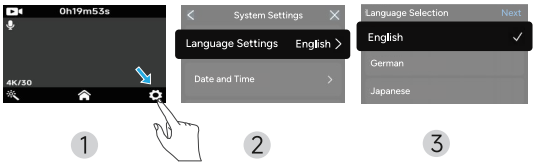
The C400 Pro Pocket can be used separately.



When powered on, click to start recording / taking a photo.
Click again to stop recording.

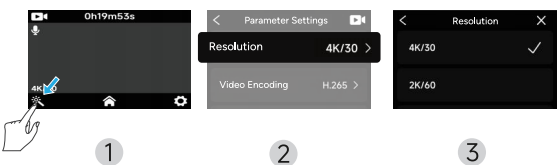
Language Switching

Tap "Settings" button→ "Language" →
Select the desired display language.



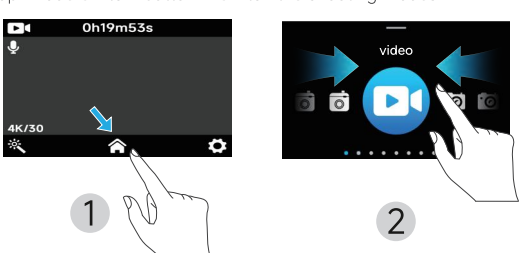
Adjusting Resolution

Tap "Parameter Settings" button →
"Resolution" → Adjust the resolution.



Switching Shooting Modes

Tap "Mode Switch" button→ Switch the shooting modes.



Connecting to the SJCAM X App

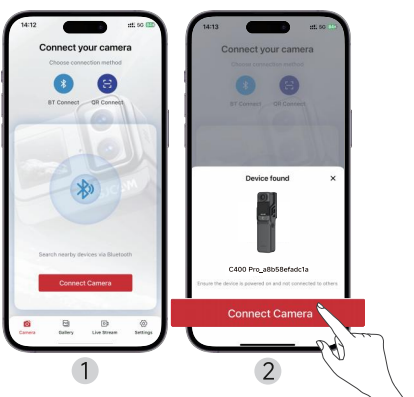
Download and install the SJCAM X App.

Scan the QR code below to download, or search for "SJCAM X" in your phone's app store (Google Play / App Store) to install.



Bluetooth Quick Connect (Recommended)

1. Make sure the camera is powered on.
2. Open your phone, go to the Settings app, find the Bluetooth option, and turn on Bluetooth.
3. Open the SJCAM X App and grant the necessary permissions. Follow the steps below and wait for the automatic connection.

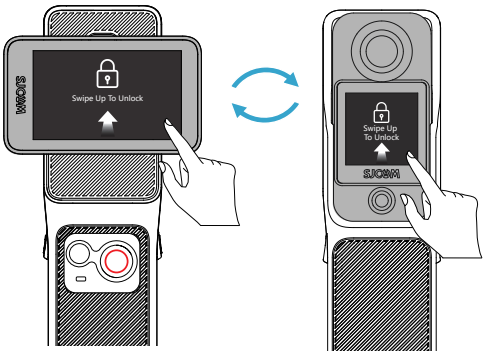


*Relevant permissions are only used for connecting the App to the camera and will not be used for any other purposes.

Scan the QR code to learn more connection methods:

Switching Screens

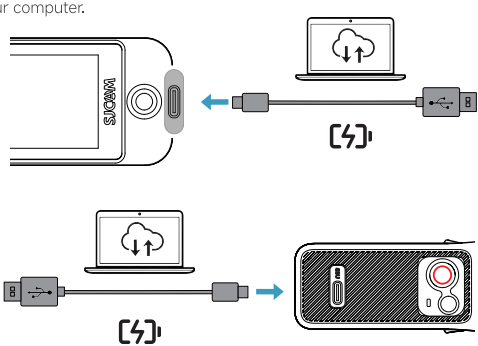
When powered on, tap to wake the sleeping screen, and then swipe up to switch between the front and rear screens.



Charging and Data Transfer

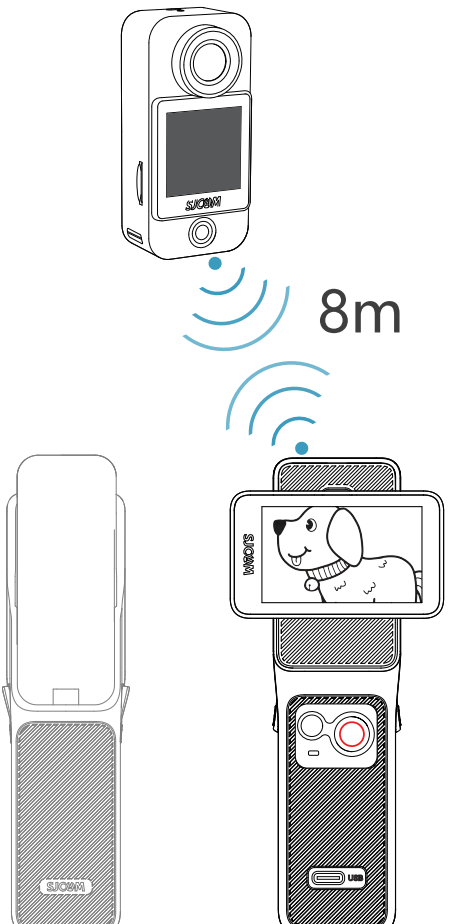
Charging: Charge the camera using the Type-C port on the camera or the handheld controller.

Data transmission: After connecting the camera to a computer via a USB cable, select "USB Storage" on the camera to download files to your computer.



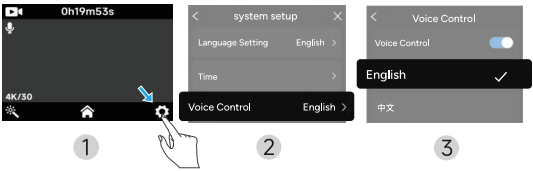
Live preview via Handheld Controller

The handheld controller can remotely control the camera and provide a real-time preview of what the camera is capturing.



Voice Control

Enable Voice Control function



The camera can be controlled using the following voice commands.
(Only six 6 languages available).

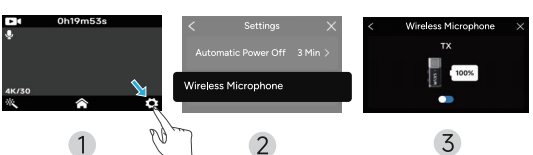
中文	English	Русский	日本語	Tiếng Việt	แบบไทย
我要拍照	Take photo	Сделать фото	写真を撮る	chụp hình	ถ่ายรูป
我要录像	Video Start	записать на видеомагнитофон	ビデオスタート	quay video	บันทึกวิดีโอ
关闭录像	Video Stop	-	ビデオ停止	-	-
打开热点	Turn on WiFi	Включить Wifi	WiFiを開く	mở wifi	เปิดใช้ wifi
关闭热点	Turn off WiFi	Выключить Wifi	WiFiを閉じる	đóng wifi	ปิด wifi

*Only one language is supported at a time.

Wireless Microphone Connection

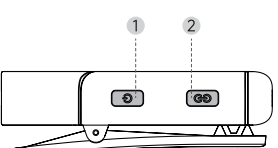
Enable the wireless microphone function on the camera:

Go to Settings → Wireless Microphone



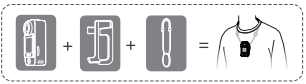
Power on and pair the wireless microphone:

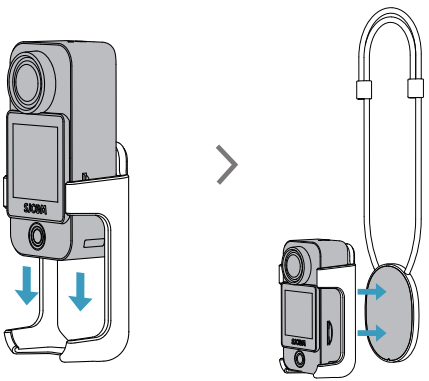
1. Press and hold the power button for 3 seconds to turn on
2. Press and hold the pairing button for 3 seconds to start pairing



Note: Wireless microphone is sold separately.

Magnet Pendant



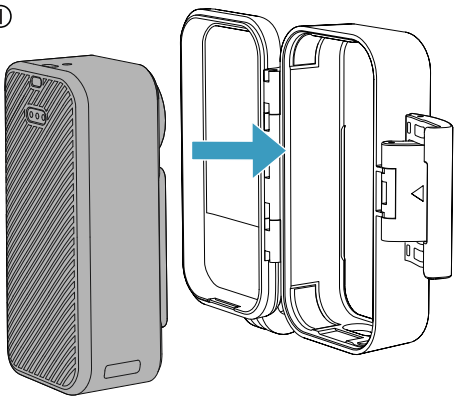




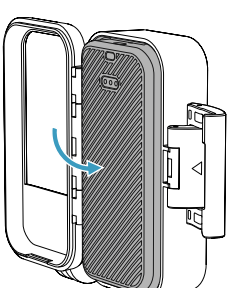
Frame Mount



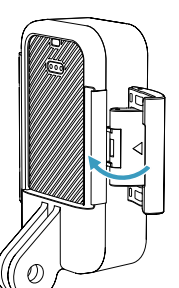
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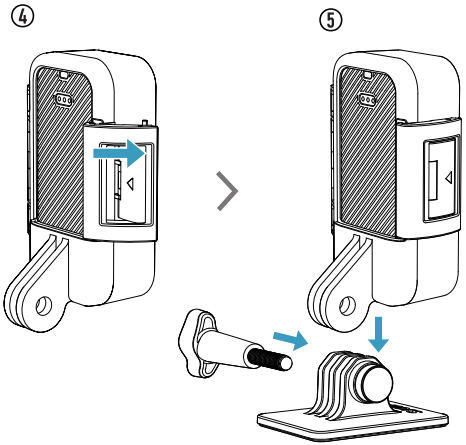


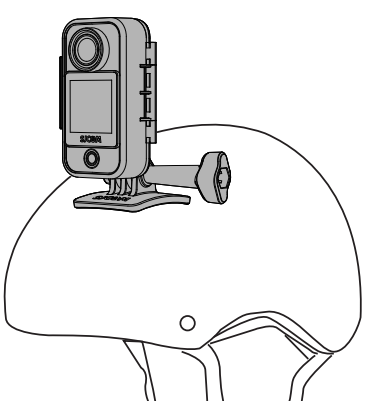
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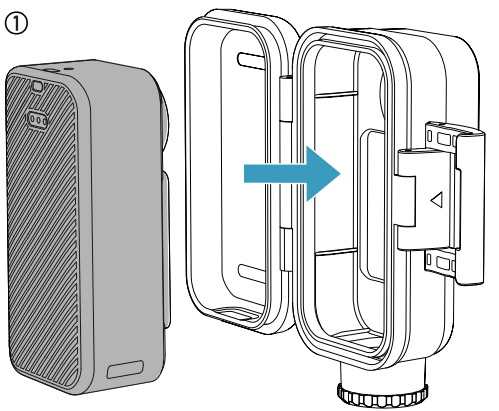


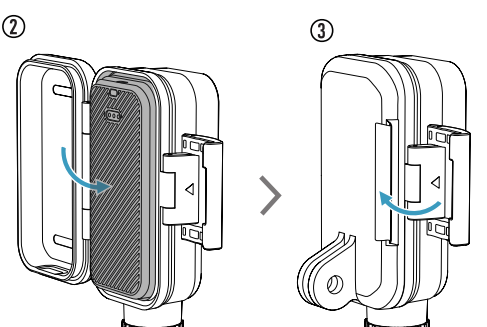

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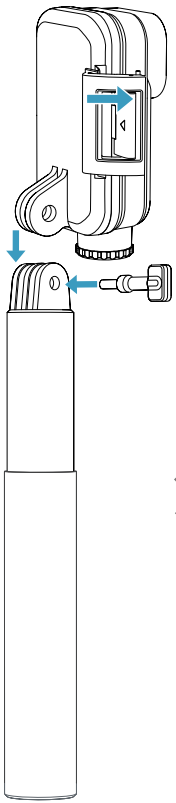
Waterproof Case



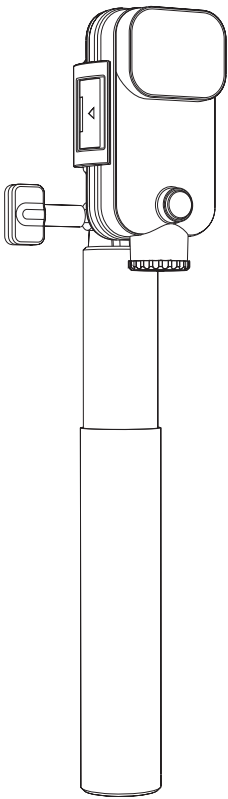




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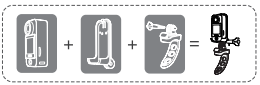


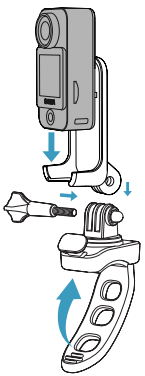
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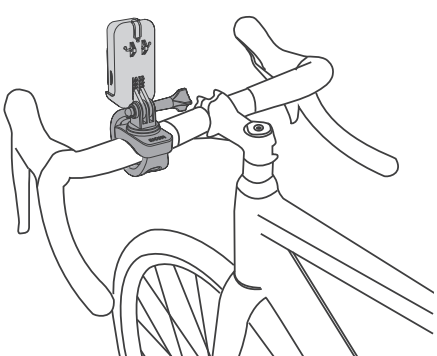
(*Selfie stick sold separately)

BASE Back Clip





(*Flex bike mount sold separately)



Q&A

Q1: App cannot connect to the camera?

a. Make sure your phone is connected to the camera Wi-Fi.

b. We recommend turning off mobile data during connection to avoid network conflicts.

c. Some phones that do not support 5G Wi-Fi may fail to connect. Use a phone that supports 5G Wi-Fi, or switch the camera Wi-Fi band to 2.4G and try again.

Q2: Cannot access the internet after connecting to the camera Wi-Fi?

a. Camera Wi-Fi is used to connect the phone and camera. It does not provide internet access.

b. To use the internet while connected to the camera, turn on mobile data. Your phone will access the internet through the cellular network while keeping the Wi-Fi connection with the camera.

Q3: How do I update the firmware?

We recommend updating the firmware through the SJCAM X App:

Follow the steps below:

a. After connecting to the SJCAM X App, go to Settings > Firmware Update.

b. If a new version is detected, tap "Download Latest Firmware."

Note: If no new version is detected, your current firmware is already up to date. No update is required.

c. After the download is complete, tap "Update Firmware."

d. The camera will update automatically and restart. During the update, do not operate the camera, turn it off, or disconnect it.

For technical support and assistance,
please contact our official support team:

support@sjcam.com

SJCAM

EMPOWER YOUR DREAMS

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